

# **CLS 105: College of Learning Strategies**

## **CLS 105**

### **College Learning Strategies**

**(3 credits)**

**Class Size: 15-25**

*Faculty: Janine Lynn Nieroda, Assistant Teaching Professor, Syracuse University*

*Administrative Contact: Kennia Delafe, Assistant Director, Project Advance*

## **Course Catalog Description**

Study and application of learning strategies in the context of lectures, reading, recitations and independent learning situations.

## **Course Overview**

**CLS 105** is the study and application of strategic approaches to learning. Strategies are presented and practiced in order for you to maximize your learning in the context of lectures, readings, recitations, and independent learning situations. The course content is based on the application of strategies to the learning requirements of the courses you are enrolled in concurrently throughout the University. Class sessions are a series of lectures, discussions, and one-on-one conferences. You are required to participate in classes and conferences and apply the strategies in your other classes. Note: Students enrolled in CLS 105 must take another college-level or AP course in same semester.

In general, the goals of the course are for you to maximize

your learning in college. An awareness of how you learn is examined through the development of a variety of learning strategies. We will explore strategies in the following ways: (1) what they are, (2) how to use them, (3) when to use them, (4) why they are effective, and (5) how to adapt them. You will create your own strategies by defining your goals, selecting strategies, implementing them and evaluating their effectiveness in your courses.

- Course Introduction: Syllabus and Website, Learning Preferences
- Syllabus, Course Structure, and Time Management
- Task Management, Study Environment
- Time Management, Organizational Patterns, Text Aids
- Note Taking: Discussion and Lecture
- Graphic Organizers
- Reading
- Memory
- Exam Preparation, Exam Taking
- Procrastination, Academic Dishonesty
- Motivation
- Problem Solving
- Stress Management, Collaborative Learning
- Collaborative Learning
- Self Assessment

## **Pre- / Co-requisites**

N/A

## **Course Objectives**

In general, the goals of the course are for you to maximize your learning in college. An awareness of how you learn is examined through an understanding of the curriculum in your other courses and the development of a variety of learning

strategies. We will explore strategies in the following ways: (1) what they are, (2) how to use them, (3) when to use them (4) why they are effective and (5) how to adapt them. You will create your own strategies by defining your goals, selecting strategies, implementing them and evaluating their effectiveness in your courses.

## **Laboratory**

N/A

## **Required Materials**

Title/Author (Publisher): *It's All about Choices*, 5th Edition;  
Blumin, M.F. (Kendall-Hunt)

Hard Text – ISBN: 9781524900038

eBook – ISBN: 9781524900212

*Note:* 20% discount for SUPA schools on orders of 10 or more.  
No discount on eBook.

## **Instructor Recommendations**

N/A